

# GLUTEN FREE MENU

## Starters

### **Soup Of The Day (V) - £5.95**

*Our chef's homemade soup - please ask your server*

### **Burrata with Aubergines (V) - £7.95**

*Burrata soft Italian cheese with aubergines marinated in garlic, chilli & mint*

### **Caprese (V) - £7.75**

*Beef tomato, Burrata soft Italian cheese and rocket salad dressed with extra virgin olive oil.*

### **Meatballs - £7.25**

*Homemade meatballs cooked in a tomato sauce topped with mozzarella cheese and parsley*

### **Burrata with Prosciutto £8.45**

*Burrata soft Italian cheese with parma ham and rocket*

### **Pate - £7.45**

*Homemade chicken liver pate served with redcurrant sauce*

### **Antipasto - £14.95 Serves 2 Diners**

*A selection of dry cured Italian meats served in a traditional way*

### **Sardines (DF) - £7.95**

*Pan fried sardines, olive oil, lemon juice, balsamic, oregano, rocket, gluten free bread*

### **Mussels - £7.95**

*With Marinere sauce (onions, garlic, white wine and cream) OR with Provençal sauce (tomato, garlic, onions and white wine)*

### **Prawn Cocktail - £8.25**

*Tender Norwegian prawns on a bed of crispy romaine lettuce with marie rose sauce*

### **King Prawns - £9.25**

*Grilled king prawns served with pink sauce, garlic and chilli*

### **Avocado - £9.45**

*A gratin of prawns, avocado, garlic, onion, white wine, tomato and cream topped with parmesan*

## Breads and Olives

### **Bruschetta (V)(VG)(DF) - £5.45**

*Toasted gluten free bread with freshly chopped cherry tomatoes, basil and garlic drizzled with extra virgin olive oil*

### **Homemade Gluten Free Bread and Italian Oils (V)(VG)(DF) - £3.25**

### **Marinated Mixed Olives (V)(VG)(DF) - £3.75**

## Side Orders

### **Mixed salad with Italian dressing (DF) - £3.95**

### **Beef tomato, basil and onions salad (DF) - £3.95**

### **Rocket salad with parmesan cheese and cherry tomatoes (V) - £4.45**

### **Sautéed potatoes - £3.95**

#### **Allergy Advice;**

*We do our very best to accommodate Gluten Free diets and have a variety of Gluten Free starters, pastas and other dishes on offer. Ask your server for our Gluten Free menu to find out more.*

*For other allergies or to know more about our ingredients please talk to one of our friendly members of staff and they will be happy to assist you. (V) Vegetarian, (VG) Vegan, (DF) Dairy Free, (N) Contains nuts or nut oils. Unless otherwise stated all products do not contain nuts as an ingredient, however there is always a possibility that traces of nuts may be found.*

## **Pasta**

### **Arrabiata (V)(VG)(DF) - £9.95**

*Penne pasta with tomato sauce, garlic, fresh chillies, white wine, oregano and black olives*

### **Carbonara - £11.45**

*Spaghetti pasta with bacon, egg yolk, cream and black pepper*

### **Meatballs Spaghetti - £11.25**

*Spaghetti pasta with meatballs cooked in a tomato sauce and topped with mozzarella cheese*

### **Alfredo - £11.95**

*Penne pasta with chicken, mushrooms, cream, white wine, rosemary, onion and garlic*

### **Bolognese (DF) - £11.75**

*Spaghetti pasta covered in mince beef and Italian Napolitano tomato sauce*

### **Penne al Forno - £13.45**

*Oven baked penne pasta with Bolognese sauce, meatballs, peppers, onions, chilli, marsala sauce, smoked paprika and parmesan cheese*

### **Nduja (DF) - £13.45**

*Penne pasta with nduja (spicy, spreadable sausage from Calabria in southern Italy) tomato sauce and pecorino romano cheese*

### **Pappardelle Duck - £13.95**

*Spaghetti pasta with smoked breast of duck, brandy, porcini mushroom, demi-glace, cream, onions, garlic and rosemary*

### **Pappardelle Chicken - £12.95**

*Spaghetti pasta with chicken, white wine, porcini mushroom, cream, demi-glace, garlic, onion, butter and rosemary*

### **Crab Linguine - £13.45**

*Spaghetti pasta with crab meat, chilli, onion, garlic, parsley, butter, white wine and a splash of cream.*

### **Montecarlo - £13.45**

*Spaghetti pasta served with monkfish, onions, white wine, garlic, tomato sauce and a splash of cream.*

### **Pescatore (Signature Dish) (DF) - £14.95**

*Spaghetti pasta with king prawn, clams, mussels, cold water prawns, garlic, onion, white wine, chilli, cherry tomatoes, parsley, ground mixed olives and capers*

## **Risotto**

### **Vegetarian (V)(VG)(DF) - £10.95**

*Italian rice with courgette, mushrooms, cherry tomatoes, mix peppers, garlic, onions, olives, capers and olive oil*

### **Frutti di Mare (DF) - £14.95**

*Italian rice with king prawn, clams, mussels, calamari, prawns, garlic, onion, white wine, chilli, cherry tomato, ground mixed olives and capers*

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## **Chicken**

### **Pollo Al Peppe - £15.95**

*Chicken supreme in Peppercorn sauce (Cream, whole green peppercorn, shallots, demi-glace and brandy); Fresh seasonal vegetables and sautéed potatoes*

### **Pollo Principessa - £16.95**

*Chicken supreme with mushrooms, white wine, cream, onion and garlic; Fresh seasonal vegetables and sautéed potatoes*

### **Rondo di Pollo - £17.45**

*Stuffed breast of chicken with ham, spinach and mozzarella cheese served on a bed of tomato sauce; Fresh seasonal vegetables and sautéed potatoes*

### **Pollo Veneziana - £17.45**

*Chicken supreme with Coldwater prawns, peppers, onions, cherry tomatoes, pink sauce, garlic and whole green peppercorns; Fresh seasonal vegetables and sautéed potatoes*

## **Lamb**

### **Agnello Alla Toscana (DF) - £20.95**

*Rack of lamb in Madeira sauce with red and Marsala wine, demi-glace, rosemary, sun dried tomatoes, garlic and fresh mint; Fresh seasonal vegetables and sautéed potatoes*

## **Pork**

### **Filetto Di Maiale (N) - £17.95**

*Pork tenderloin served with apple sauce (apple, splash of cream, honey, butter, white wine, lemon juice) sprinkled with almond and pistachios; Sautéed potatoes*

## **Beef**

### **Stroganoff - £20.95**

*Prime beef with mushrooms, white wine, onions, garlic, splash of cream, sweet paprika and demi-glace, served with Italian Arborio rice*

### **Medaglione Alla Crema Di Tartufo - £21.95**

*Fillet of beef medallions wrapped in Parma ham in a creamy truffle sauce topped with rocket and parmesan shavings; Sautéed potatoes*

### **Saltimbocca Alla Romana (DF) - £19.95**

*Sliced veal wrapped with prosciutto and sage, demi-glace, white wine; Fresh seasonal vegetables and sautéed potatoes (contains flour)*

### **8oz Fillet Steak (30 days matured) (DF) - £23.95**

*From the long fillet the most tender cooked to your liking; Mediterranean salad and sautéed potatoes*

#### **Try with one of our classic sauces below for an additional £3.00**

**Peppercorn** (Cream, cracked black pepper, whole green peppercorn, shallots, demi-glace and brandy)

**Dolce latte** (Cream with crumbed Italian dolce latte cheese)

**Rossini** (Crouton base, Madeira sauce with red and Marsala wine, pate and jus) **(DF)**

**Boscaiola** (Onion, garlic, bacon, red wine, mushrooms, rosemary, demi-glace) **(DF)**

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