

GLUTEN FREE MENU

ANTIPASTI (Starters)

- MINISTRONE (V) (DF)** £5.45
Our chef's homemade vegetable soup served with gluten free bread
- INSALATA CAPRESE (V)** £6.75
Mozzarella cheese and tomato, dressed with extra virgin olive oil and basil sauce.
- POLPETTE DALLA CASA** £6.95
Homemade meatballs cooked in a tomato sauce topped with mozzarella cheese served with gluten free bread
- PROSCIUTTO CON MOZZARELLA** £7.75
Parma ham with mozzarella cheese dressed with extra virgin olive oil, fresh basil and sun blushed tomatoes.
- ANTIPASTO VENEZIA** £8.95
A selection of dry cured Italian meats served in a traditional way.
- MUSSELS** £7.95
With Mariniere sauce (onions, garlic, white wine and cream) **OR** with Provençal sauce (tomato, garlic, onions and white wine) and served with gluten free bread
- PRAWN COCKTAIL (DF)** £7.75
Prawns, lettuce and prawn cocktail sauce (mayonnaise, ketchup, tabasco sauce, Worchester sauce, sweet paprika and brandy)
- GAMBERONI PICCANTI** £8.95
King prawns served with garlic, chilli and tomato sauce with a splash of cream.

BREADS AND OLIVES

- BRUSCHETTA ROMANA (V) (DF)** £5.45
Toasted bread with freshly chopped cherry tomatoes, basil and garlic drizzled with extra virgin olive oil
- MARINATED MIXED OLIVES (V) (DF)** £3.75

PASTA

- SPAGHETTI POMODORO E BASILICO (V) (DF)** £8.95
Spaghetti pasta with garlic, cherry tomatoes and basil in a tomato sauce
- SPAGHETTI CARBONARA** £10.95
Spaghetti pasta with pancetta, egg yolk, cream and black pepper
- SPAGHETTI MEATBALLS** £10.45
Spaghetti pasta with meatballs cooked in a tomato sauce and topped with mozzarella cheese
- LASAGNE EMILIANE** £10.95
Baked layers of pasta with béchamel and bolognese sauce, topped with mozzarella cheese
- PENNE ALFREDO** £10.95
Penne pasta with chicken, mushrooms, cream, white wine, onion and garlic
- PENNE CORALLO VERDE (DF)** £11.95
Penne pasta with prawns, courgette, garlic, extra virgin olive oil, cherry tomatoes and mint
- SPAGHETTI ALLA TARANTINA (DF)** £11.95
Spaghetti pasta with mussels, extra virgin olive oil, garlic, cherry tomatoes, white wine and parsley
- SPAGHETTI PESCATORE (SIGNATURE DISH) (DF)** £13.95
Spaghetti pasta with king prawn, clams, mussels, prawns, garlic, onion, white wine, chilli, cherry tomato, ground mixed olives and capers

RISOTTO

RISOTTO VEGETARIANA (V) (DF) £10.95

Italian rice with courgette, garlic, extra virgin olive oil and mint

RISOTTO FRUTTI DI MARE (DF) £13.95

Italian rice with king prawn, clams, mussels, calamari, prawns, garlic, onion, white wine, chilli, cherry tomato, ground mixed olives and capers

CONTROFILETTO & PESCE (Meat & Fish)

POLLO (Chicken)

POLLO PRINCIPESSA £15.95

Breast of chicken with mushrooms, white wine, cream, onion and garlic garnished with asparagus; Seasonal vegetables and sautéed potatoes

POLLO ALLA CACCIATORA (DF) £15.95

Breast of chicken in a tomato sauce, olives, capers, mixed peppers, red wine, oregano, onion and garlic; Seasonal vegetables and sautéed potatoes

POLLO VENEZIA £16.95

Breast of chicken with prawns, mixed peppers, whole green peppercorn, white wine, onion, garlic, cherry tomatoes, tomato and cream sauce; Seasonal vegetables and sautéed potatoes

STEAKS

9oz RUMP STEAK (30 days matured) (DF) £15.95

Cooked rare served with Mediterranean salad and sautéed potatoes

8oz FILLET STEAK (30 days matured) (DF) £22.95

From the long fillet the most tender cooked to your liking; Mediterranean salad and sautéed potatoes

Try our steaks with one of the classic sauces for an additional £2.00

Diane sauce (Cream, brandy, French mustard, mushrooms, shallots and garlic)

Dolce latte sauce (Cream with crumbed Italian dolce latte cheese)

PESCE (Fish)

For more seafood dishes please see the specials menu

COD (DF) £13.95

Oven cooked fillet of cod served with lemon sauce; Seasonal vegetables and sautéed potatoes

SALMONE DELLA CASA £18.95

Oven cooked fillet of salmon served with prawns, white wine, garlic, oregano, tomato sauce and a splash of cream; Seasonal vegetables and sautéed potatoes

BRANZINO ALLA GRIGLIA £18.95

Oven cooked fillets of sea bass served with prawns, white wine, garlic, oregano, tomato sauce and a splash of cream; Seasonal vegetables and sautéed potatoes

TRIO OF FISH (DF) £20.95

Oven cooked fillet of Salmon, Sea Bass and Cod with lemon sauce; Sautéed potatoes and Mediterranean salad.

CONTORNO (Side Orders)

MIXED SALAD WITH ITALIAN DRESSING (DF) £3.45

TOMATO BASIL AND ONION SALAD (DF) £3.45

ROCKET SALAD WITH PARMESAN CHEESE AND CHERRY TOMATOES £4.45

GRILLED MIX VEGETABLES (DF) £4.45

SAUTEED POTATOES £3.95